





















Walk to School Record Card- Four weeks

Name: _____

Class: _____

- Colour in a foot for each day of the week you walk to school.
- Start with Monday and so on.
- If you miss a day walking do not colour in the foot for that day.
- Once you reach the end of the week count the number of feet you have coloured in and put that number in the “total” box at the end.
- Make sure your feet are nice and colourful and try to have as many as you can.

	Monday	Tuesday	Wednesday	Thursday	Friday	Total
Week 1						
Week 2						
Week 3						
Week 4						
Total						

4 weeks